



Nursing Home
Spring & Summer 2015
Week I



Date	Breakfast 7:20 - 8:20 am	Lunch 11:20 - 12:20 pm	Dinner 4:20 - 5:20 pm
SUNDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Danish Variety of Juice	Roast Beef with Gravy Mashed Potatoes Red Beets Bread Pudding	Ham Salad Sandwich OR Egg Salad Sandwich Relish Plate Fresh Melon Potato Chips
MONDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Fried Mush Bacon Variety of Juice	Pineapple Chicken Rice Pilaf Mixed Vegetables Cherry Cheesecake	Macaroni & Cheese Green Beans Triple Chocolate Cookie Ice Cream Cup
TUESDAY	Cream of Wheat <u>OR</u> Variety of Dry Cereal Blueberry Muffin Variety of Juice	Roasted Pork Loin Redskin Potatoes Sauerkraut Strawberry Angel Food Dessert	Slice Pepperoni Cheese Pizza Cottage Cheese Mandarin Oranges Tossed Salad
WEDNESDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Sausage Gravy over Biscuit Variety of Juice	Baked Fish Baked Potato Stewed Tomatoes Fresh Fruit Cup	Sloppy Joe Sandwich OR Philly Cheese Steak Sandwich Mashed Potato Bites Tomato/Cucumber Marinade Whipped Orange Jello
THURSDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Grapes and Bananas Yogurt English Muffin w Jelly	Johnny Marzetti Coleslaw Garlic Bread Vanilla Cream Puff	Fried Rice and Broccoli w Pork Egg Roll OR Chef Salad Diced Fruit Mix Butter Sugar Cookie
FRIDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Hard Boiled Egg Raisin Toast Variety of Juice	Country Fried Steak Mashed Potatoes Gravy Carrots Fresh Fruit Cup	Hot Dog OR Hamburger Baked Beans Watermelon S'mores Squares
SATURDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Bagel w Jelly Fruit Cup Variety of Juice	Pepper Steak over Wide Egg Noodles Peas Bread Raspberry Pie	Cheese Ravioli OR Beef Ravioli Tossed Salad Breadstick Diced Pears