



Assisted Living
Spring & Summer 2015
Week IV



Date

Breakfast
8:00 AM

Lunch
12:00 PM

Dinner
5:00 PM

SUNDAY

Sausage Gravy
Biscuit

Meatloaf
Scalloped Potatoes
Green Beans
Bread Pudding

Chicken Noodle Casserole
Stewed Tomatoes
Garlic Bread
Whipped Jello

MONDAY

Choice of:
Hot or Cold Cereal
Muffin
Toast
Fruit
Juice, Coffee, Milk

Lasagna
Tossed Salad
Cheese Breadstick
Cherry Cheesecake

Sloppy Joe Sandwich OR
Cream Pork Sandwich
Onion Rings
Cinnamon Applesauce
Oatmeal Raisin Cookie

TUESDAY

French Toast
Bacon

Cubed Steak
w/mushroom gravy OR
Country Fried Steak
Mashed Potatoes
Mixed Vegetables
Angel Food Custard Cake

Baked Cod
Baked Potato
Cole Slaw
Strawberry Shortcake

WEDNESDAY

Choice of:
Hot or Cold Cereal
Muffin
Juice, Coffee, Milk
Fruit

Ham Loaf
Candied Sweet Potatoes
Sweet Peas
Dinner Roll
Fresh Fruit Cup

Cheeseburger
Lettuce, Tomato, Pickles
Macaroni Salad
Banana Cream Pie

THURSDAY

Scrambled Eggs
Sausage Link

Sweet and Sour Meatballs
over Rice OR
Sweet and Sour Pork over Rice
Carrots
Dinner Roll
Diced Pears

Chef Salad OR
Chicken Breast Sandwich
Pickled Eggs/Beets
Relish Plate
Tapioca Pudding w Berries

FRIDAY

Choice of:
Hot or Cold Cereal
Muffin
Toast
Fruit
Juice, Coffee, Milk

Smoked Sausage
Red Skin Potatoes
Sauerkraut
Dinner Roll
Strawberry Rhubarb Pie

Chicken and Dumplings
Cheese & Crackers
Spinach Salad
Chocolate Peanut Butter
Mousse

SATURDAY

Choice of:
Hot or Cold Cereal
Muffin
Toast
Fruit
Juice, Coffee, Milk

Spaghetti with Meatballs
Garlic Bread
Tossed Salad
Ice Cream Cup

Ham, Potatoes and Gr. Beans
Corn Bread
Cottage Cheese
Fresh Fruit Cup