



**Assisted Living
Spring & Summer 2015
Week I**



Date	Breakfast 8:00 AM	Lunch 12:00 PM	Dinner 5:00 PM
SUNDAY	Oatmeal Éclair Fruit Cup Juice, Coffee, Milk	Roast Beef Potatoes and Carrots Gravy Whipped Orange Jello	Tuna Stuffed Tomato <u>OR</u> Ham Salad with Crackers Relish Plate Melon Chunks Brownie
MONDAY	Choice of: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Pork Loin Redskin Potatoes Creamed Corn Dinner Roll Pineapple Upside Down Cake	Macaroni and Cheese with Hot Dog <u>OR</u> Hamburger with Relish Plate Mandarin Oranges Reese's Pieces Cookie
TUESDAY	Fried Mush Bacon	Chicken Tenders Baked Potato Stewed Tomatoes Fresh Fruit Cup	Deli Sandwich <u>OR</u> Sloppy Joe Sandwich Potato Chips Diced Peaches Tomato Marinade
WEDNESDAY	Choice of: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Spaghetti with Meat Sauce <u>OR</u> Chicken Tetrazzini Cole Slaw Garlic Bread Pistachio Pudding	BLT Sandwich <u>OR</u> Turkey Club Sandwich Onion Rings Tossed Salad Fresh Fruit Cup
THURSDAY	Scrambled Eggs Sausage Links	Pepper Steak over Rice <u>OR</u> Sweet n Sour Meatballs over Rice Sweet Peas Salted Caramel Apple Pie	Italian Beef Melt with Tossed Salad <u>OR</u> Chef Salad Diced Pears Triple Chocolate Cookie
FRIDAY	Choice of: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Turkey Breast with Gravy <u>OR</u> Country Fried Steak W/ Gravy Mashed Potatoes Broccoli Molded Gelatin	Rueben Sandwich <u>OR</u> Sausage Sandwich Relish Plate Potato Salad Watermelon Ice Cream Sandwic
SATURDAY	Choice of: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Pork Chop <u>OR</u> Baked Fish Rice Pilaf Mixed Vegetables Fresh Fruit Cup	Chicken Fried Rice with Egg Roll <u>OR</u> Beef Pot Pie Carrots Iced Yellow Cake