



Nursing Home
Spring & Summer 2014
Week III



Date	Breakfast 7:20 - 8:20 am	Lunch 11:20 - 12:20 pm	Dinner 4:20 - 5:20 pm
SUNDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Cinnamon Roll Variety of Juice	Swiss Steak Mashed Potatoes & Gravy Creamed Corn Molded Fruit Jello	Ham, Potatoes, Green Beans Biscuit Cottage Cheese Banana Cream Pie
MONDAY	Cream of Wheat <u>OR</u> Variety of Dry Cereal Pancakes Bacon Variety of Juice	Baked Fish French Fries Cole Slaw Fresh Fruit	Turkey Melt OR Ham Melt Potato Chips Vegetable Pasta Salad Mandarin Oranges
TUESDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Chocolate Chip Muffin	Chicken Alfredo over Fetticune Noodles Garlic Bread Broccoli Cherry Crisp	Sausage Sandwich OR Hamburger Relish Plate Onion Rings Watermelon Ice Cream Cup
WEDNESDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Scrambled Eggs Sausage Link Variety of Juice	Meatloaf Homefries Mixed Vegetables Fresh Fruit Cup	Chicken Noodle Soup OR Chef Salad Crackers Peanut Butter & Jelly Sandwich 24 Hour Salad
THURSDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Cinnamon Toast Fruit Cup	Pork Roast Mashed Potatoes Sauerkraut Angel Food Custard	Pepperoni Pizza OR Chicken Pot Pie Tossed Salad Diced Peaches Triple Chocolate Cookie
FRIDAY	Cream of Wheat <u>OR</u> Variety of Dry Cereal Bagel with Jelly Yogurt Variety of Juice	Chicken Breast Rice Pilaf Green Beans Fresh Fruit Cup	Tuna Salad Sandwich OR Chicken Salad Sandwich Cheese Puffs Spinach Salad Pineapple Tidbits
SATURDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Blueberry Muffin Variety of Juice	Baked Sausage Ziti Tossed Salad Italian Bread Diced Pears Ice Cream Cup	Vegetable Soup Crackers Bologna & Cheese Sandwich Fresh Fruit