



Nursing Home
Spring & Summer 2014
Week I



Date	Breakfast 7:20 - 8:20 am	Lunch 11:20 - 12:20 pm	Dinner 4:20 - 5:20 pm
SUNDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Cinnamon Roll Variety of Juice	Roast Beef with Gravy Mashed Potatoes Red Beets Diced Peaches	Ham Salad Sandwich OR Chicken Salad Sandwich Relish Plate Fresh Melon Potato Chips
MONDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Fried Mush Bacon Variety of Juice	Baked Chicken Rice Pilaf Mixed Vegetables Cherry Cheesecake	Macaroni & Cheese Green Beans Triple Chocolate Cookie Ice Cream Cup
TUESDAY	Cream of Wheat <u>OR</u> Variety of Dry Cereal Blueberry Muffin Variety of Juice	Garlic Roasted Pork Loin Redskin Potatoes Sauerkraut Strawberry Angel Food	Slice Pepperoni Cheese Pizza Cottage Cheese Mandarin Oranges Tossed Salad
WEDNESDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Hard Boiled Egg Sausage Link Variety of Juice	Baked Fish Baked Potato Stewed Tomatoes Fresh Fruit Cup	Sloppy Joe Sandwich OR Cream Chicken Sandwich Mashed Potato Bites Tomato/Cucumber Marinade Whipped Orange Jello
THURSDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Grapes and Bananas Yogurt English Muffin	Johnny Marzetti Coleslaw Garlic Bread Vanilla Cream Puff	Vegetable Soup OR Chef Salad Cheese and Crackers Diced Fruit Mix Sugar Cookie
FRIDAY	Cream of Rice <u>OR</u> Variety of Dry Cereal Sausage Gravy over Biscuit Variety of Juice	Country Fried Steak Mashed Potatoes Gravy Carrots Fresh Fruit Cup	Hot Dog OR Hamburger Macaroni Salad Watermelon Ice Cream Sandwich
SATURDAY	Oatmeal <u>OR</u> Variety of Dry Cereal Bagel w Jelly Fruit Cup Variety of Juice	Pepper Steak over Wide Egg Noodles Peas Bread Apple Pie	Cheese Ravioli OR Beef Ravioli Tossed Salad Breadstick Diced Pears