



Assisted Living
Spring & Summer 2014
Week IV



Date	Breakfast 8:00 AM	Lunch 12:00 PM	Dinner 5:00 PM
SUNDAY	Ham & Cheese Bake	Meatloaf Homefries Capri Vegetable Blend Bread Pudding	Tomato Soup <u>OR</u> Beef Vegetable Soup Crackers PB&J Sandwich Fresh Fruit Cup
MONDAY	Choice or: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Lasagna Spring Mix Salad Cheese Breadstick Cherry Cheesecake	Sloppy Joe Sandwich <u>OR</u> Cream Chicken Sandwich Onion Rings Cinnamon Applesauce Oatmeal Raisin Cookie
TUESDAY	Pancakes Bacon	Cubed Steak w/mushroom gravy <u>OR</u> Country Fried Steak Mashed Potatoes Mixed Vegetables Angel Food Custard Cake	Baked Cod <u>OR</u> Chicken Tenders Baked Potato Cole Slaw Strawberry Shortcake
WEDNESDAY	Choice or: Hot or Cold Cereal Muffin Juice, Coffee, Milk Fruit	Ham Loaf Candied Sweet Potatoes Sweet Peas Dinner Roll Fresh Fruit Cup	Cheeseburger Lettuce, Tomato, Pickles Macaroni Salad Banana Cream Pie
THURSDAY	Scrambled Eggs Sausage Link	Sweet and Sour Meatballs over Rice Carrots Dinner Roll Diced Pears	Chef Salad <u>OR</u> Chicken Breast Sandwich Pickled Eggs/Beets Pineapple Upside Down Cake
FRIDAY	Choice or: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Smoked Sausage Mashed Potatoes Sauerkraut Dinner Roll Strawberry Rhubarb Pie	Chicken and Dumplings Cheese & Crackers Green Beans Chocolate Peanut Butter Mousse
SATURDAY	Choice or: Hot or Cold Cereal Muffin Toast Fruit Juice, Coffee, Milk	Spaghetti with Meatballs Garlic Bread Tossed Salad Ice Cream Cup	French Toast Scrambled Eggs Breakfast Ham Yogurt with Fruit